

ADAM HARRIS FITNESS

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POLICIES

The following relates to all services rendered by Adam Harris Fitness. All policies are subject to change and are at the discretion of Adam Harris Fitness. By signing this you are agreeing to the policies described below.

PAYMENT:

Full payment is due at time of service, as per agreed price. Payment maybe made online, with cash and/or check. All checks are to be made payable to Adam Harris. There will be an additional \$75 charge to any checks that are returned for insufficient funds.

CANCELLATIONS/RESCHEDULING:

It is customary and courteous to provide a minimum 24 hour notice when cancelling or rescheduling a session. Online reservations which are cancelled with 24 hours of the session are to be paid in full.

LATENESS:

Clients are expected to be on time. Time lost due to tardiness is forfeited and not discounted. If a client is more than 20 minutes late, Adam Harris Fitness reserves the right to cancel the session and charge the full agreed session price to the client.

SAME DAY CANCELLATIONS:

The agreed session price is applied to clients that cancel on the day of their appointment and must be paid in full. Pre-payment of all future sessions is required following one occasion of "Same Day Cancellation".

NO SHOW:

If a client misses an agreed session without contacting Adam Harris Fitness, they will be considered a "No Show". No-Shows will be charged the full price for their scheduled session. Pre-payment of all future sessions is required following one occasion of "No Show".

ATTITUDE/DEMEANOR:

Adam Harris Fitness expects clients to have a positive attitude/demeanor. The services rendered are demanding physically. The direct, no nonsense approach is designed to help break through physical barriers with discipline and adherence. The sessions are effective and creative and clients are expected to give 100% effort at all times.

TERMINATION:

Adam Harris Fitness reserves the right to terminate future services to clients based upon, but not limited to, Cancellations, Lateness, No Show, Attitude/Demeanor etc.

Name _____ Signature _____ Date _____